













# Peep Sea Fishing | Mackerel Trips | Coastal Cruises ON SELECTED TOURS WOLOT 9U

#### **FAMOUS LANDMARK CHECKLIST**

1. Eden Project

☐ 4. National Trust - Lizard Point☐ 7. The Merry Maidens of Boleigh

2. Tintagel Castle

5. Botallack Mine 

3. Trebah Garden ☐ 6. Wheal Coates, St. Agnes

AREA IN FOCUS: NEWQUAY AND ITS BEACHES

9. St Michaels Mount

## WORDSEARCH

BEACHES **SANDCASTLE** SEAGULL CORNISHPAST FISHING CLIFF **CORNWALL** 

**EDENPROJECT** 

**SUNSHINE** SURF LANDSEND HIKING

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R Z I A N O K O C U F A E I K E X W V W

#### **TOP 10 THINGS TO DO**

Watch a performance at the Minack Theatre

Walk at low tide to St Michael's Mount

3 Squeeze through the Men-an-Tol stone at Morvah

Visit Lizard Point (Most southerly tip of mainland Britain)

Make your own Cornish pasties

6 Visit the Lost Gardens of Heligan

7 Visit the Isles of Scilly at least once

8 Visit Poldark Mine

Watch the Silver Ball Hurling at St Columb Major

Catch a mackerel in Falmouth Bay

#### **HIDDEN GEMS**

The 50ft deep preaching pit - Gwennap Pit in Redruth became a

The natural beach sculptures - a pretty boulder-strewn cove

The Hawker's hut - the refuge of poet Reverend Robert Hawker

**The healing waters** - three waterfalls and a beautiful woodland walk

The longest railway tunnel in Cornwall - Cornwall's secret former

The cave with secret healing powers - also known as St Cuthbert's Cave The 200-year-old smuggling pub - The Admiral Benbow for many will

e the first to mind when it comes to smuggling pubs

**The Lost Garden of Heligan** - A garden of history, mystery and romance

#### **INTERESTING FACTS**

The population of the county is 535,300

2 Cornwall has a vibrant folk music tradition

3 Cornwall has the longest coastline of all England's counties

Cornish Pasties contribute to over £150 million of the local annual

- 5 The name "Cornwall" is derived from the old Cornish words cornovii" (meaning dwellers) and "waelas" (meaning foreigners or strangers)
- 6 The villages of Newquay and Porthtowan are popular destinations
- Cornwall and its beaches attract more than 5 million visitors a year.

### **BEST WALK IN CORNWALL**



Lizard Point to Kynance Cove (approx. 2.5 miles) | Circular walk from Lizard Village (approx. 4.5 miles - moderate terrain) By Emily Thomas, Dreams of Cornwall (www.facebook.com/dreamsofcornwall)

From the most southerly tip of mainland Britain to the stunning natural **Directions**: Park at Lizard Village Green and walk down to Lizard Point, beach at Kynance Cove, this rugged stretch of Cornish coastline has far-reaching and spectacular views towards Mounts Bay in the distance, most southerly tip of mainland Britain. Then turn on to the Coast Path by and is an area of outstanding natural beauty. Spot seals basking in the Wavecrest Lizard Point (1), with Polpeor Cove and the Old Lizard Lifeboat sun at Lizard Point and keep a look out for the endangered Cornish chough, the famous red-legged and red-billed member of the crow family, which nests in the cliffs around this area. Over 600 million yearold serpentine rock cliffs are adorned with rare wild flowers throughout can turn right towards a wooden gate which takes you along a winding spring and summer. Kynance Cove is a breathtaking scene of nature, which can be enjoyed from the cliff-top or from the golden sandy beach below that's leading from the cliff's steep path.

via the iconic Lizard Lighthouse, to enjoy the spectacular views from the Station below. Follow the path through the stunning and peaceful Pistil Meadow and up towards Old Lizard Head, and the start of the West Lizard country lane back to the village. Or, continue along the wild and rugged cliff-top towards Kynance Cove, there are signposts from here towards the Lizard Village to complete your circular walk.

#### TAKE TO THE SURF IN CORNWALL

thousands of boarders every year keen to test their mettle against the of golden sand, Watergate Bay is a great place to start for beginners mighty Atlantic swell. Cornwall's surfing scene may be dominated by the image of young, laid back dare devils (consolidating this stereotype, to the sport. A short trip north to the beach at Mawgan Porth, with its Cornwall is home to Europe's only surf, skate and music festival, the high walled cliffs and natural sandy bay, is also to be recommended; world famous Boardmasters at Fistral) but in recent years it has become the instructors at Kingsurf Surf School guarantee to have each student a popular destination for a family holiday, particularly amongst active standing up in no time! families keen to learn a new sport together.

Summer is the most popular time for surfing for obvious reasons, the long days and warmer weather are conducive for a ride on the waves but autumn is the expert's choice of time to visit. The waves are challenge, but watch out for the rip currents and rocks towards the most consistent before the winter storms arrive in November and the temperatures remain relatively mild long after the summer crowds have left, providing more room for younger surfers to pick up new skills and
On the other side of Cornwall, Praa Sands frequently provides gain confidence.

Newquay is the Cornwall's most popular surfing destination and, aside from crowded Fistral, there are a number of other beaches nearby

Undoubtedly the surfing capital of the UK, Cornwall's waves attracts which are particularly suited to newcomers to the sport. With two miles and the friendly staff at O'Neill Surf Academy offer a lively introduction

> For those with past experience on the waves, the unspoilt Sennen Cove is mainland Britain's most westerly beach and catches the brunt of any Atlantic swell making it a hotspot for those wanting a tougher south of the beach.

> favourable surf, with fast barrel waves on its day this beach is best surfed at high tide. If you ever tire of the waves, Cornwall offers a host of other family friendly activities, including Cornish Seal Sanctuary, St. Michael's Mount and the jungle like setting of Trebah Gardens.



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Top 10 Things To Do

CORNWALL

LUXURY TRAVEL GUIDE FREE CITY MAP **CORNWALL** 

## Win a 5 Night Holiday in Maldives for Two

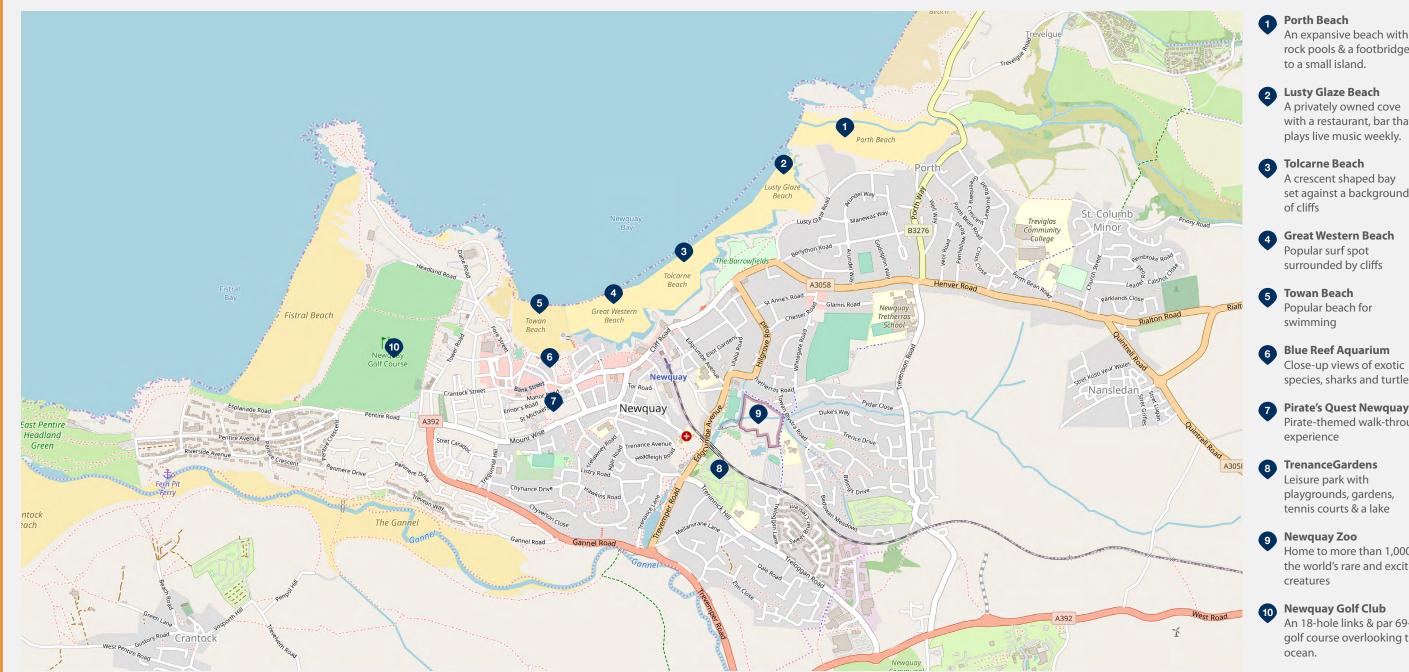
The Maldives is a cluster of islands in the Indian Ocean serving as a tropical haven to sun worshippers, divers and old fashioned romantics.



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closing date. The prize is not transferable for cash alternatives. All entries must be received by 30/04/2020. Please note, by entering this competition you will be automatically subscribed to the LTG Newsletter with

more information on our latest competitions. You can opt out of this at any time.



- 1 Porth Beach rock pools & a footbridge to a small island.
- 2 Lusty Glaze Beach A privately owned cove with a restaurant, bar that plays live music weekly.
- 3 Tolcarne Beach A crescent shaped bay set against a background of cliffs
- 4 Great Western Beach Popular surf spot surrounded by cliffs
- 5 Towan Beach Popular beach for
- species, sharks and turtles Pirate's Quest Newquay Pirate-themed walk-through
- TrenanceGardens Leisure park with playgrounds, gardens, tennis courts & a lake
- 9 Newquay Zoo Home to more than 1,000 of the world's rare and exciting creatures
- **Newquay Golf Club** An 18-hole links & par 69golf course overlooking the ocean.







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3 Simple Steps